

Captain's Comments



On Tuesday April 10th, all grade 10 students will write the Ontario Secondary School Literacy Test (OSSLT). The **purpose** of the **OSSLT** is to determine whether students have acquired the literacy (reading and writing) skills that they are expected to have learned by the end of Grade 9, as outlined in the Ontario curriculum.

Elective Day

Monday March 5th, Ignace School held another fantastic Elective Day. Students once again engaged in a variety of activities that sparked their creativity and challenged their minds. A huge thank you goes out to the staff at Ignace School who continually give of themselves and provide our students with such wonderful opportunities.



High School Fishing Trip

On Friday March 9th students from grade 7-12 went to Marcel Lake to a fun afternoon of ice fishing. Although no fish were caught, students enjoyed a beautiful day with their peers enjoying the beauty that Ignace has to offer. A big thank you goes out to the staff who helped prepare for this even as well as Ms. Yuriy for organizing.



50/50 Draw for Grade 7/8

A huge congratulations goes out to Russ McKay the winner of the first ever 50/50 draw in support of the Grade 7/8 Toronto trip. The entire fundraising committee would like to thank everyone who sold tickets and especially those who bought tickets in support of this great cause. This year's Toronto trip will take place from June 4 – June 8th.



Healthy Snack Tips from NWHU

Teeth love healthy drinks:

- Choose Milk - it helps build strong teeth.
- Choose Water - it's nature's way of preventing decay especially when it contains fluoride.
- Choose Less Sugar - high sugar drinks can cause cavities.

Say Yes to Fruits and Veggies

Choose fruits and vegetables more often than drinking fruit juices. When grocery shopping, choose fruits and vegetables that are on sale or in season to keep grocery costs lower. If you do decide to offer juice occasionally make sure it is 100% fruit juice with no sugar added. Avoid fruit or vegetable beverages, drinks, cocktails.